Hello [Sir/Madam],

You are receiving this letter because you recently asked when I planned on having children. I want you to know that I’ve been trying to conceive for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ without success. However, I’m hoping to build a support system, as statistics show that black women suffer in silence. If you’d like to help, you can \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (examples, pray for me, donate to my next fertility treatment, donate to an adoption process, etc.).

I look forward to sharing my child’s picture with you when he/she is born. Thank you again for your concern and support. It’s much needed and appreciated during this difficult time.

Sincerely,

[Your Name]